Family Assets - Parent Presentation

Holy Trinity Grade 9 Orientation-August 28th 2019 Presenters: Romina M. **Ekaterina S** Victoria Z. Razin S. North **Vakville** Youth Development Council Trillium

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Family Assets

- Emotional openness
- Support for sparks
- Fair rules and problem solving
- Contributions to the family
- Establishing family routines

Contact <u>Siobhan@ourkidsnetwork.ca</u> for more information.

Emotional Openness

Family members can be themselves and are comfortable sharing their feelings

- Builds trust
- Be open minded and caring



Support for Sparks

Family members encourage each other in pursuing their talents and interests

- You ≠ Your child
- Support them



Fair Rules and Problem Solving

Family rules and consequences are reasonable and family members work together to solve problems and deal with challenges

- Can improve/build relationships
- Help find solutions
- Set fair rules and consequences

Contributions to the Family

Family members help meet each other's needs and share in getting things done

- Divide responsibilities between family members
- Provide support and help however you can to contribute to your child's success
 - Helping your child and showing your support allows for a better relationship

Establishing Family Routines

Family members spend time together and know what to expect from each other on a day-to-day basis, they bond and learn things with one another



-Manage time -Strong bonds -Good connections -Share thoughts and problemes <u>Bad Example</u> -Isolated

-Disconnected

Tips!

- Get involved
- Support
- Communicate

Contact <u>Siobhan@ourkidsnetwork.ca</u> for more information.

Conclusion - Thank You!

HALTON KDS Our Kids Network

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